

LLANGWM NEWS

ISSUE 19 Spring 2005



A cold February day at Black Tar. What is Dave Cooke saying? The prize for the best entry is a signed full colour photocopy of this picture. Don't all rush at once!

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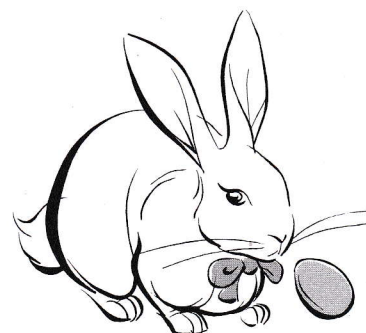
P6.... Shore signs of improvement

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What a BUMPER edition it is this time, with so many contributors—it will soon be a newspaper at this rate!!!





Father Christmas 2004

Once again we were lucky to have a visit by Father Christmas on his sleigh to hand out lollipops to the children, and take note of their Christmas presents list(s!), and then he 'magicked' the lights on the village Christmas tree - the best tree (courtesy of Jean and Peter England, Laurel Hill Farm) and also the best lighting arrangement for a long time. Before he arrived everyone sang carols, organised by Llinos & Neil Martin, and after he left, members of the Festival Committee handed out mince pies and mulled wine. Two 'firsts' this year were both ideas from our new (and younger!) members Helen Carrington and Clare Phillips, i.e., the glow sticks for the children, and then the table top sale in the Rugby Club after, which were both a real success. Well done girls, and keep the ideas coming.

Another new face to join us is Lisa Smith (Main Street), who joins Marilyn and Peter Owen, Lewis Tyler (Treasurer), Clare Phillips (Chairperson), Helen Carrington, Patrick Wordsworth, and Pat & Jeff James (Secretary).

Fireworks

After such a horrible day, with heavy rain and strong winds, we were lucky to be blessed with a fine evening for the display, and what a display - the best we've ever seen in Llangwm, put on this year by Stephen Williams of Fantazia Fireworks of Tenby.

Firework watchers help Tsunami Appeal.

It was all change at the last minute, however, with donations this year going towards the TSUNAMI APPEAL, with over £850 collected - well done to everyone, with a special thanks to the lady (who wishes to be anonymous) who started the fund with a donation of £100 presented to us during the preparations in the afternoon.

Picnic in the Park

Still on the 'drawing board stage at present, although at least we've got a date - Bank Holiday Monday - May 2nd, and don't forget to keep training your dog!

Festival Fortnight

All change! - Even though there will be the usual events taking place in the village over the 2 weeks from June 26th to July 9th, we ask that you only put your 'Scarecrows' on display during the second week - in an attempt to reduce the problems of the extra vehicles causing disruption to our quiet village life. Once again we shall have the usual 'Scarecrow' topics, i.e., Topical, Humorous, Mechanical, Traditional and Schools, with the extra theme this year being 'Around the World'

The Festival Committee try each year to look for different ideas, if you have any - let us know - you don't have to be on the Festival Committee to input ideas.

Future Ideas

After seeing the fine display of Christmas lights on some houses in the village, how about a 'best dressed Christmas Lights house' competition this Christmas? Your Festival Committee try each year to look for new ideas, if you have any—let us know—you don't have to be a member of the Festival Committee to input an idea.

What's next?

It's the **AUCTION EVENING** of course, on **Friday April 15th**, so don't throw anything of value away that you don't want, we will sell it and the

money will help to fund our many events each year, or if it is valuable, we will try to sell it for you and take a 20% commission charge. Tickets will be available shortly at £2.50/person (or £10 on the night - only joking), which will include cheese and wine.



SCARECROWS—South Creake

These Scarecrows Get Everywhere!

The pretty village of South Creake in Norfolk held their first Scarecrow Festival in 2004, over the weekend of 7th-8th August.

As well as arranging a 'Scarecrow Trail' around the centre of the village, a large area of common land, they held an Arts and Crafts Fair at the church. Who should be there to greet visitors at the church door but a Vicar, Bride and Groom, all made of straw!!

Prize exhibit a short distance away, courtesy of the local W.I., was a tableau of 'Calendar Girls' - complete with strategically positioned sunflowers!

As you left the village, a last lone scarecrow sat at the roadside, propped up in a chair, straw protruding from his shirt-sleeves. That's a good one, you began to think - then the 'guy' smiled, doffed his cap and waved at you..... Strange goings-on at the South Creake Scarecrow Festival!

COMMUNITY CENTRE

ST DAVID'S DAY EVENING OF CAWL AND SONG

The St David's Day evening proved to be a great success yet again. The children entertained everyone brilliantly with their violins, flutes, recorders and singing, so a very big 'Thank you' to Nick Groves, all the teachers and the children for making the evening a great success. Following cawl and welshcakes, we were royally entertained by singer/songwriter John Howard. A professional for many years, John sang some well known songs, plus one of his own, and had everyone's feet tapping as they joined in. His is a class act and everyone was thrilled that he and Neil were able to support the village hall in such a brilliant way.



For anyone interested in producing cawl for 90-100 people, this is the recipe used for the Llangwm cawl.

RECIPE FOR CAWL FOR 90 PEOPLE

Take one black plastic sack full of lamb bones and wet roast to make stock. Remove any fat from the stock when cold.

Remove meat and discard bones – yields approximately 5lbs meat.

Roast 3 boned shoulders of lamb and dice.

Peel and chop 40 large onions. Saute and place in large catering saucepan.

Peel and chop 50 large carrots, two-thirds of a net of

swedes and half a sack of potatoes.

Wash and chop 25 large leeks.

Add lamb stock to the saucepan and bring to the boil.

Saute carrots and add to the pan. Add potatoes, swedes, diced lamb and water as required.

Bring to the boil and simmer for 30 minutes.

Add leeks and simmer for a further 10 minutes.

Season as required.

Serve with crusty bread and cheese.

VILLAGE HALL MANAGEMENT COMMITTEE

With the increased activities in the village hall, the Management Committee would welcome additional members to assist in its current and future programme.

If you would like to be involved in running this valuable community resource, either as a committee member or to help at any of the events, please contact any of the Committee members.

PARTIES

The hall is an excellent venue for both adults' and children's parties, as it has plenty of space and a fully equipped kitchen. If you would like to hire the hall for your special event, please see Pat Morris to book your date. A big Thank You to all those who have recently used the hall for such events and who have cleaned up so thoroughly afterwards.

HIRE OF THE HALL

Any groups or individuals who want to hire the hall for any type of activity or event, please see Pat Morris as soon as possible to avoid disappointment over dates. Charges for hiring the hall, which have not changed since its opening in 1978, are as follows:

Community group activities e.g. Yoga Class, History Group, etc., (morning, afternoon or evening) - per session £5

Parties: Adult – £25
Children - £15

ARTS & CRAFTS FAIR

Do you have any spare time on your hands, and want to help the village community?

The members of the Festival Committee normally organise the ARTS & CRAFTS FAIR in the hall during Festival Fortnight, but this year volunteers are 'thin on the ground' as they say. If you would like to organise it or help, then please contact any member of the Festival Committee soon.

The other possibility suggested, is to organise an ARTS & CRAFT TRAIL - we await the calls!

COASTCARE FOR LLANGWM ESTUARY

Local beaches play a crucial role in the lives of coastal communities, whether for pastimes such as walking, fishing or water sports.

Unfortunately, much of Pembrokeshire's coastline is frequently disfigured with marine litter, which has the effect of reducing our enjoyment of the beaches and threatens wildlife.

Sadly, the walkable foreshore stretching from Black Tar to Edward's Pill to Guildford Pill, Llangwm Ferry and Port Lion, doesn't escape such disfigurement. Spring tides bring with its burgeoning swell of water unacceptable levels of unsightly and sometimes dangerous marine litter.

Now thanks to **Coastcare** the mechanism exists to remove the offending litter.

So what is **Coastcare**?

Coastcare is part of **Keep Wales Tidy**. Its principal aim is to get local people involved in the caring for their local environment, by promoting and supporting safe enjoyable conservation activities such as beach cleans, awareness raising and practical countryside tasks. A small grant may be made available to help cover the cost of insurance, project

materials, safety equipment and volunteer expenses.

Coastcare sets out to encourage groups of volunteers to 'adopt' their favourite stretch of coastline to focus on its on-going care.

Coastcare was piloted in Pembrokeshire and today there are 36 **Coastcare groups operating in the county, the closest to us is the very active and successful Burton group.**

Coastcare has already started in an unofficial capacity at Black Tar. On Monday, 10 January 2005, five of us picked up six bags of unsightly litter between the Vitling Rock and Edwards Pill and was efficiently removed by Pembrokeshire County Council on the very same day.

Now we wish to make **Coastcare** official in Llangwm. The proposal is for William Low, the local representative of **Keep Wales Tidy**, to elaborate on the objectives and strategies of **Coastcare**. This presentation has been arranged to take place in Llangwm Community Centre at 7.30 p.m. on the evening of Tuesday, 12 April. Everyone is welcome.

Ian Jacob.

LLANGWM LONGBOAT ROWING CLUB

It's hard to believe that it's been three months since I last sat down and wrote an article for the newsletter on behalf of the Rowing Club. Christmas seems an awfully long time behind us now.

Never mind, Spring is in the air and fast approaching. I haven't spoken to a single rower this year who cannot wait for those clocks to go back so they can get more time out on the water and have the luxury of rowing in the evening light. Training for many crews has started in earnest. There appears to be a lot of choice of events this year should you wish to row them. A little reminder to you all that the club is **not** all about competitive rowing events and having to commit yourselves throughout the Summer months. It is more importantly a sport or recreation for people to participate in and enjoy with their friends, you can do as little or as much as you like. As a club we sincerely hope that you take up the opportunity and try it out. "Nothing ventured, nothing gained".

We have talked before with regard to the health benefits of the sport for the young and old alike. We will also try to accommodate any persons wishing to row or join the club who have any form of disability.

The club has recently held its Annual General Meeting and a new committee has now been formed. At this time also there is the reminder to existing members and those who wish to join the club that membership is now due. You will be glad to hear that there has been no increase in price from last year. All memberships are to be returned to the membership secretary, Rick Harold 01437 891938 by 15/03/05 if possible, this is to enable the boat insurance to be paid.

Please note that if you wish to have minutes of our meetings or notification of any forthcoming events or fund raising activities then please put your e mail address on your membership form. A family membership package including insurance for yourself and boats is £40, single rower is £30. This also includes use of all boats and equipment as often as you like. There are reduced rates for students, unemployed and senior citizens, this fee being £10. No specialist equipment is

needed, life jackets and coaching is provided free.

On the evening of Friday 29th April for those who are interested there is a planned row to Cresswell Quay to see how Morris is getting on with his fire water. This visit will probably be via the "Dog House" at Lawrenny to sample their wares as well. Anyone interested in this, whether it be rowing or in your own boat or craft, is welcome to attend. We will leave Black Tar no later than 7.30 pm weather (as always) permitting and return on the tide. (Probably won't care by then anyway.)

The Llangwm Regatta this year is on the 3rd July during the festival period and will be taking place in the afternoon starting around 3.30 pm at Black Tar. Anyone who may be able to help out this year can contact Bob Charles on 01437 891068 or any other committee member.

For those who will be rowing in the league this year a list of events is below. You will note that the amount of league races has been drastically reduced this year, only seven races in total for the Southern League. Also please note the Island series of rows listed opposite which looks like great fun.

If any crews are interested in going to the international rowing event in Cork on June 4th could they please put their names forward. This is a 15 mile row into Cork City. We are organising for some boats to go over, the cost of B and B accommodation (2 nights), transport and race fees will probably be in the region of £110 per person if anyone is interested. Always a warm welcome over there. Crews wishing to row the Return of the Cleddau Race on April 2nd please make yourselves known so we can allocate boats. (Always a popular one this.)

The list opposite is for information, if groups are interested in one or some of the non league events below let us know so we can put you in touch with other interested parties. (I'll shut up now!) Happy Easter.

Bob Charles

Calendar of Events for 2005

March 12th Cardiff Heads of River Race http://www.wara.org.uk/cardiff_head_2005.php

19th March 2005 Breakwater Bash, Plymouth
<http://www.mayfloweroffshorerowingclub.co.uk/index.html>

WLRA **April 2nd** Return of the Cleddau

April 30th Scillies World Champs Gigs

WLRA **May 1st** Castle 2 Castle Menai Straits Race

WLRA **May 15th** Newport, Southern League

WLRA **May 29th** Solva, Southern League

June 4th Ocean to City, Cork <http://www.oceantocity.com/>

Little Russell Regatta, Guernsey

WLRA **June 12th** Aberystwyth, Joint League

WLRA **June 19th** Pwllheli, Northern League

WLRA **June 25th** Mawddach Estuary

WLRA **June 26th** Porthmadog, Northern League

WLRA **July 3rd** Llangwm, Southern League

WLRA **July 9/10th** Around Anglesey Race

WLRA **July 16th** Aberdyfi Yole Races

WLRA **July 17th** Aberdyfi, Joint League

WLRA **July 24th** Aberaeron, Joint League
Interceltic Watersports

24 - 31st July Gijon, Asturias <http://www.interceltics.org>

WLRA **July 31st** Fishguard, Southern League,
(Joint Reserve)

*WLRA **Aug 6th** Ramsey Island Race
suttontimber@aol.com

WLRA **Aug 7th** Bull Bay, Northern League

WLRA **Aug 14th** Barmouth, Northern League

WLRA **Aug 20th** Dinas Head

*WLRA **Aug 27th** Thorn Island Race, Dale

WLRA **Aug 29th** Bill Fowler Memorial

3rd September 2005 Eddystone Challenge
<http://www.mayfloweroffshorerowingclub.co.uk/index.html>

Sept 16th Nelson's Flotilla, Thames
Sept 17th Great River Race, Thames

also, *Caldey Island, Tenby, to be confirmed

[* Pembrokeshire Islands Series]

For details of registration applications you need to speak to the membership secretary Rick Harold on 01437 891938 or Bob Charles on 01437 891068 or any member of the club you may know.

Committee:

Helen Brant, Matt Brown, Bob Charles, Fiona Cutting, Rick Harold, Mel Miles, Jan Millward.



Community News

BE SAFE, NOT SORRY

Further to the visit made last year to the Community Council by Sgt Dave Perry of Dyfed Powys Police, we have been provided with booklets on safety and security, and are distributing these to all households in Llangwm with this issue of the Llangwm News.

Produced by the Home Office, the booklet 'Be Safe and Secure' covers all aspects of keeping safe - select from it what is relevant to your lifestyle, then, as they say on Crimewatch, sleep easy - crime is still a very small percentage of national life, and, thankfully, not a significant problem in our village.

RECYCLING POINT AT NASH ROAD

A few months ago the Community Council was approached by Pembrokeshire County Council Waste Strategy/Highways and Environment Departments with a view to upgrading the recycling area at Nash Road lay-by.

Several schemes were put forward, within general design guidelines approved by the Welsh Assembly Government, who are committed to the principle of recycling - as indeed are the UK Government and the European Community.

Some 14 sites around Pembrokeshire were selected for an upgrade - you may have seen some around the county already completed, such as Narberth (an area of the Moor Car Park) and Pembroke (along the Commons, beneath the town wall). Welsh Assembly money has been made available for this, with a deadline of 30 March 2005.

A scheme was agreed upon which was felt to be the most fitting in the rural location of the lay-by, and work commenced during the last week of February. By the time this Newsletter reaches you, it will be completed, or near completion.

A bottle bank, can bank and paper bank will be provided, with the promise that there will be swift replacement for each one when full. It is hoped that this will make the recycling area much neater

and tidier, and all are encouraged to use it to the maximum, to make best use of recyclable materials.

As the children in the Welsh Assembly Government TV commercials put it - 'It's our future'.

NO MORE DOG FOULING, PLEASE.

Rubbish of other sorts occasionally causes some consternation around the village. Please try to be aware of keeping rubbish bags tidy, always placed out in good time for collection, and preferably not the night before, as they provide great interest to cats, dogs, badgers and the like! Please also respect your public areas if you are disposing of household, garden or building waste.

Then, there is the perennial problem of dogs fouling the pavements and grassed areas around the village.

Even healthy dogs who are well cared for and regularly wormed can suffer from toxocara canis (roundworm), the larvae of which can cause serious eye damage if contracted by adults and children.

PLEASE BE VIGILANT AT ALL TIMES TO PREVENT YOUR DOG FROM FOULING THE PAVEMENT, GRASS VERGES AND IN PARTICULAR CHILDREN'S PLAY AREAS, SPORTS FIELDS AND PARKS. (It is especially loathsome on the rugby field, where players are tackled - remember that dogs are not allowed in Pill Parks.)

Because of the ongoing nuisance this causes around the whole village, the anti-social aspect of such behaviour, and the seriousness of the effect it can have on children's health, the Community Council are taking a strict line on irresponsible dog owners, **AND ARE PREPARED TO PROSECUTE OFFENDERS.**

Please be warned - we really want to have a clean and tidy village, for ourselves and others to enjoy.

For those of you who are responsible in the care of

your dog - and your community - there are informative and helpful hints on the internet. In particular we came across the website of Huntingdonshire District Council, which can be accessed on www.huntsdc.gov.uk. Go to the Environment and Planning section of their website, and seek out 'fido_facts.pdf', an on-line leaflet and an A-Z of responsible dog ownership. It's excellent reading for all dog owners and dog lovers.

WATERWAY FESTIVAL IS LAUNCHED

On a brighter note, several representatives attended the launch of the forthcoming 2005 Festival of the Waterway, coordinated by Planed and involving several local groups and communities.

A buffet lunch was recently held at the Ferry Inn, Llanstadwell, with BBC broadcaster Jamie Owen welcoming those who attended and giving a short presentation of the planned events.

That's something to look forward to in the summer - right now, after the cold spells of winter, we hope that everyone will have an enjoyable Easter holiday, and make the most of the Pembrokeshire springtime, perhaps the best season of the year to explore this wonderful and varied county.

Margaret Brace

A Tale of the Unexpected

During the last fortnight of January, whilst on a working visit to Malaysia (Kuala Lumpur) I went into a large bookshop to purchase a Malay language book. Having scoured the shelves for some time and having met with no success I asked a young assistant working in the shop if such a book was available. She replied that they had no such book in stock.

However, during the course of my search I did come across a dictionary in another language. I bet you have not guessed the language.... It was Welsh; "Geiriadur Cymraeg".

Isn't it amazing that a minority language should be given recognition so many miles from home? Therein, perhaps, lies a moral and a tale!

Barry Child

HATHA YOGA

The Yoga Classes held in the Village Hall are going from strength to strength, with all three classes at near enough maximum capacity. There is a noticeable difference in everyone's posture, balance, coordination and flexibility! Well done, everyone!

Yoga is taught in six-week courses. The weekly programme for the first five sessions include a 15 minute attunement session (where everyone chills out); a 10 minute warm-up to gentle exercise; learning and practising 5 asanas (this is where movement and breathing work in harmony); and finally a 15-20 minute relaxation session when gentle snores resound. The sixth session is a revision time, when the asanas are written out and practised. This programme can then be used at home.

N.B. The next course begins on Tuesday 5th April.

Tips and Hints.

1. Getting in and out of the car.

Getting in - place your buttocks on the side and swivel round, bringing both legs into the car together. Getting out - reverse the process, swinging both legs out first.

2. Tired and aching back.

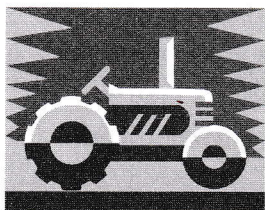
Lie flat on the floor in a straight position for 10 minutes, covering yourself with a blanket. This will help your muscles to relax.

3. Tired legs and aching feet.

Lie on your back with your buttocks about 20-30 centimetres away from the wall. Your body should be at right angles to the wall. Place your legs up the wall forming a slight V shape. Stay in this position for at least 10 minutes. This will help to ease both legs and feet.

Don't forget

If you have any items that you no longer need—**please** contact any member of the Festival Committee soon, or at least before April 15th, so that they can be auctioned, and the proceeds will help fund the various activities put on by the Festival Committee for the village



AWARD WINNING FARMER

Our very own 'Agricultural Correspondent' on 'Llangwm News', Will Scale of Great Nash Farm, Llangwm, was himself in the news recently when he was awarded second place in the prestigious new 'Silver Lapwing' Future of Farming Award.

Will's philosophy of farming is one of working in harmony with nature—farming not just for intensification and profit, but towards a more sustainable future for farming, conservation and the environment as a whole.

As Vice-Chairman of FWAG (the Farming and Wildlife Advisory Group) he works to convince farmers of the long-term need for change in this direction. The European-funded Tir Gofal scheme gives farmers incentives to grow crops which provide wildlife habitats - for example, a field of unsprayed spring wheat with a fallow boundary to encourage rare flowers, insects and birds; or a field of kale left for two years to provide food for small birds such as the linnet and the finch.

A Farm Walk was held last September at Great Nash, under the auspices of FWAG, to show representatives of the RSPB, Plant Line, the Countryside Council for Wales and local wildlife experts the benefits of the scheme.

The award was presented to Will at a ceremony in London in November by Baroness Young, chief executive of the Environment Agency, in the presence of leading figures in the UK farming world.

FARM REPORT—by Will Scale

I don't think I could imagine farming without at least *some* sheep, despite the fact that it is becoming increasingly difficult to produce them cheaply. One problem is that lamb is seen as an expensive meat in comparison to, say, factory-farmed chickens.

Sheep are interesting creatures to observe. They can withstand very cold weather better than cows, pigs and hens, and with a thick coat that protects them from heat and cold, they thrive in fresh air and wind. Like

all animals though they dislike the rain and on really blustery rainy days you will find the flock huddled together miserably waiting for the rain to pass.

I cannot decide whether sheep are intelligent or stupid despite the oft-held view that they are somewhat dim - the best explanation I can give is that they have butterfly minds. They can have very long memories, for if we move sheep to a field they haven't visited for a while they will remember the gateways and favourite spots. Conversely they have a frustrating desire for launching themselves into tangled hedgerows and are then unable to escape until Dad or I armed with a pair of stout gloves separate them from the brambles or barbed wire; sometime it takes hours.

SCOTTISH DANCING

LLANGWM SCOTTISH NOW LARGEST IN WALES

Following publicity for the Llangwm Scottish Country Dance Class in the last edition of the Llangwm News, more young people have joined the group and it is now the largest group in Wales catering for young people between six and sixteen!

Currently there are twelve youngsters, both boys and girls, who are members of the group and they meet on Wednesdays between 6 and 7.30pm, in the Community Centre. If numbers continue to increase, it is hoped that it will be possible to hold beginner sessions, as well as dancing at a higher grade for those who are more experienced. This will allow them to take their medal examination in Cardiff later in the year, in conjunction with the South Wales Branch of the Royal Scottish Country Dance Society.

During the coming year, the young dancers could take part in the Folk Dance Festival to be held in Bwlth Wells in May, or dance at the Annual Festival organized by the South Wales Branch of the R.S.C.D.S., where more than 200 dancers from southern Wales and South West England have the unique experience of dancing in the Roman amphitheatre at Caerleon, on the same spot where hundreds of years previously, gladiatorial battles and Roman sporting contests took place.

If you are between 6 and 16, and interested in joining the group of giving it a try, please contact Mrs. Pat Rye (01646 698463) or Mary Kinder (01437 890189)

LLANGWM METHODIST CHURCH

Sunday Services:- Morning 11.00 am
Sunday School 11.00 am

Women's Fellowship: Fortnightly on Wednesdays - 2.00 pm

FORTHCOMING EVENTS

- Sunday 6th March Special Service for Mother's Day - 11am
- Friday 25th March Good Friday Service 3.30 pm in the main Chapel followed by the Good Friday Tea and Gift Day in the Sunday School Room at 4.00 pm
- Sunday 27th March Easter Services - Morning Service at 11 am - conducted by Reverend Linda Woolacott
- Sunday 15th May Chapel Anniversary -
Morning Service at 11 am - conducted by Reverend Linda Woolacott
Evening Service at 6.00 pm - conducted by Reverend Martyn Evans
- Thursday 19th May Scone Tea
- Sunday 19th June Father's Day Lunch - Hook Sports Association Clubhouse - 12.30 pm for 1 pm - Tickets available from members
- Sunday 26th June Sunday School Anniversary - Service at 6.00 pm
Festival teas served 12 noon - 8.00 pm daily during the village Festival
- Sunday 18th Sept Harvest Festival Services -
Morning Service 11 am - conducted by Reverend Linda Woolacott
Evening Service 6.00 pm - conducted by Reverend Malcolm Shapland
- Harvest Supper - date to be confirmed - tickets will be on sale from members

A WARM WELCOME IS EXTENDED TO ALL TO JOIN US AT THE ABOVE SERVICES AND EVENTS

ST. JEROME'S CHURCH

Services are as follows:-

Each Sunday Morning - Eucharist at 9 a.m.

Maundy Thursday, March 24th - service at 7p.m.

Good Friday - Devotional Service at 11a.m.

Everyone very welcome.

The Llangwm & Freystrop Mothers Union meet the 1st Monday in every month, at 7.30pm.

Church Wardens and members of St. Jerome's wish everyone a Happy and Blessed Easter.

Galilee Baptist Chapel News

Easter is a most important time in the Christian calendar and the Easter Service at Galilee each year brings to mind its true meaning of redemption and resurrection.

Those who gather together for the Good Friday Service share a time of quiet contemplation in the chapel service, followed by a more light-hearted time of fellowship and friendship as coffee, tea and hot cross buns are served at shared tables in the Vestry. If you would like to join us at this year's Good Friday morning service, which starts at 9.30am under the leadership of Rev. Ron Price of Milford Haven, please feel free to come along.

The Good Friday hymns sung on that occasion are supplemented by the wonderful Easter hymns played and sung on Easter Sunday - this service too is special, and a warm welcome is extended to all. The Easter Sunday Service, which will be led by Rev. Lawrence Mitchell of Milford Haven, is at the normal morning service time of 10.30am.

Visiting ministers and lay preachers for Sundays in April and May are as follows:-

April 3	Rev. Raymond Webb
April 10	Rev. Ron Price
April 17	Rev. Richard Williams
April 24	Mr. Dennis Payne

May 1	Mr Mervyn Strand
May 8	Rev. Patrick Baker
May 15	Mr. John Davies
May 22	Rev. Raymond Webb
May 29	Rev. Ron Price

In May and June we also look forward to the annual services of celebration on the occasion of the Chapel Anniversary (22 May) and the Sunday School Anniversary (19 June), and to joining with our friends from the Wesleyan Chapel for their anniversaries on 15 May and 26 June.

Women's League continues to be held fortnightly in the Vestry on Thursdays at 2pm, and the Mums and Tots Group meets weekly at 10-11.30am, also on Thursdays.



GARDENING CLUB NEWS

Spring is sprung,
the grass is riz,
I wonder where
the lawnmower is!

We are all winding up to a new season in the garden, where we are always forgiven for last year's errors and have the chance to start again.

The Llangwm Gardening Club is all set for some interesting new talks and events filling the Spring/Summer programme. To start the year we had a social evening and Quiz in January, followed by a fascinating talk by Sidney Vincent on the Neem Tree and its health-giving products in February. The March meeting will be for clematis lovers (or novices - like me!) - the full programme is listed below.

The Summer Coach Outing will be to Aberglasney Gardens near Carmarthen, with a guided tour for the club by one of the volunteer staff who is an expert on the history and ongoing development of the house and gardens.

Our Plant Sale in June will be just the right time for topping up gardens and baskets, with Gerald White of Pembs Horticultural Society, Scolton Manor, bringing plants and plenty of very helpful advice. Just right too for the village Summer Festival, in which many Garden Club members take an active part.

Our monthly meetings continue to be held at The Cottage Inn at 7.30pm on the first Monday in the month, and the venue continues to ensure a relaxed and friendly atmosphere for us all.

If you haven't joined us, please come and see what we get up to! - interest in gardening is optional, all are welcome. Contact our Club Chairman for more info on meetings and activities. Tel: 01646 601078.

Club Programme (March to July 2005)

7th March	Clematis - Kay Treadaway
4th April	Beyond the Arctic Circle - Melville Gray
9th May	The History of Gardens - Tina Webb
6th June	Plant Sale / Gerald White
12th June	(date to be confirmed) Summer Outing
4th July	AGM and Barbecue

Maureen John

TALES OUT OF SCHOOL

(snippets from the history of education in Llangwm)

From "On the state of education in Wales" 1851

"The school was held in the Wesleyan chapel. The schoolmaster was an infirm old man of seventy-five years of age. He had formerly been a farmer in the parish, but from adverse circumstances had taken to schoolkeeping for a maintenance. He received 2 shillings a week from the parish. The Rector of Llangwm informed me that there had been an intelligent woman keeping school in the Wesleyan chapel there about twelve months ago, but she had left. The old man formerly kept school in the Baptist chapel in the village, but, his daughter having had a dispute with minister, further permission to keep school in the chapel was refused to him. The villagers then wished the dame above mentioned to share the Wesleyan chapel with the old man as a schoolroom; but she refused and left the place."

From the School Logbook, June 1872 [ref: HPR/6/49]

"David Lloyd allowed to go home in the afternoon, he having fallen into the river during the dinner hour."

From the School Logbook, November 1875 [ref: HPR/6/49]

"First lesson in the afternoon not taken, through the neglect of the teachers in not getting the children in from the playground in proper time."

From the School Managers' Minute Book, May 1910 [ref: HPR/6/50]

"It was resolved that all children living above an imaginary line drawn from Ashdale across to Ferry Point in the parish of Burton be excluded from the school, on account of want of accommodation consequent upon the new rule of the Board of Education, which requires that 10 square feet be allowed for each child."



From a letter written by Rev. T. Williams of Llangwm, December 1868 [ref: HPR/6/52]

"The Court of Chancery has also consented to sell a fitting site [for a school in Llangwm] for ten pounds as a nominal consideration. A gentleman interested in the project has consented to pay this sum..... The site is that of a cottage now out of repair and garden surrounding it just outside the village and will furnish sufficient space for a school house, yard, master's house and garden, all in contiguity."

From the "Duties of Cleaners" 1912 [ref: HPR/6/57]

"All fires must be lit at least half an hour before the time for opening school and before dusting."

From HMI report on Llangwm School, 1927 [ref: HPR/6/63]

"The drab interior of the School with its dusty and patchy walls and ceiling, together with a dirty floor and a lumber of broken furniture and dust-covered, tattered wall illustrations piled in one corner of the main room..... managers and staff should co-operate to provide a more congenial environment."

Nikki Bosworth

LLANGWM V.C. PRIMARY SCHOOL

RED NOSE DAY

Red Nose Day will take place on Friday 11th March. We will be having a non-uniform day and the children can also come along to school with "crazy hair".

A special tuck shop will also be held during the afternoon break.

TSUNAMI APPEAL

We would like to thank everyone who donated to the Tsunami Appeal. A grand total of £201 was collected at school during the first week back in January.

COLLECTIVE WORSHIP

Since Reverend Hooper retired, Reverend Chris Barnes, Rector of Rosemarket and Burton, has taken our Friday assembly on a regular basis.

Reverend Linda Woolacott, Minister of Llangwm Methodist Church, is also a regular visitor to the school, leading worship once a month on a Wednesday.

LLANGWM AFTER SCHOOL KIDS CLUB

The Kids Club uses the school facilities to provide out of school hours childcare.

Kids Club is held Monday to Friday inclusive (3.25pm - 6.00pm)

Breakfast Club is held Monday to Friday inclusive (8.00 am - 8.50 am)

BRING AND BUY

A successful 'Bring and Buy' was organised by members of the School Council. £199.10 was raised by the children and this will be used to purchase equipment for the Nursery.

VOUCHERS BEING COLLECTED AT SCHOOL

Tesco will be starting to give away vouchers again this year from 7th March to 15th May inclusive.

If any members of the village shop at Tesco and have no young family attending primary school, we would be delighted to accept the vouchers towards purchasing IT equipment for our school.

We would like to take this opportunity to thank those members of the village who gave us their vouchers last year. The 17,000 vouchers collected allowed us to have a new computer for pupils to use.

SPORT AT SCHOOL

Swimming - Poppy Leggett, Jack Kersey, Alice Edwards and Enfys Bosworth went to Pembroke Leisure Centre to compete in a Swimming Gala. They won their heat and came 3rd in the final. They are now travelling to Amman Valley on Thursday 24th February. Good luck to the team.

The following are results from matches that have been played this term.

Netball:

Hook 9 - Llangwm 16

Llangwm 5 - Neyland 12

Well done to everyone who played in the above matches.

Football:

Hook 1 - Llangwm 1

Llangwm 1 - Neyland 1

Llangwm 1 - St. Aidan's 4

Well done to everyone who played in both the Netball and Football matches.

Horse Riding:

On Sunday 20th February, Charlotte O'Donoghue competed in a show at Moor Farm. She came 1st in the novice on Harry Potter and 4th in the novice on Pip.

Congratulations, Charlotte!

Cross-Country:

Charlotte O'Donoghue will be competing in the Dyfed Schools' Cross Country championships in Carmarthen on Wednesday 9th March following her 3rd place at Oakwood in October 2004. Good luck Charlotte!

EASTER BINGO

The Friends of Llangwm School will be holding a Family Easter Bingo evening at our school hall on Friday 18th March. Eyes down at 7.00pm. An auction will also take place during the interval.

Cricket:

We are pleased to report that Rhiannon Morgan has been selected for the Under 11's County Cricket squad.

Well done Rhiannon! We look forward to following Rhiannon's progress during the summer months.

EASTER HOLIDAYS

School will break up for Easter on Thursday 24th March and will return back on Tuesday 12th April.

May we take this opportunity of wishing everyone a Happy and Restful Easter.



SCHOOL POND

The children from Class 4 spent an afternoon working alongside Mr. Ian Meopham, National Parks, planting hedge shrubs. They had a very enjoyable afternoon and we appreciate all the work and help from Mr. Meopham and the National Park. In the photograph are members from Class 4, Miss Walters, teacher and Mr. Ian Meopham.



A WEALTH OF WILDLIFE

It cannot escape anyone's notice that the extremely mild weather we are currently experiencing is resulting in early flowering for many wild and garden plants. We have had primroses flowering in our garden since mid-December and a blackthorn tree behind the house started flowering in mid-January. It makes you think that soon the seasons will be indistinguishable.

*For anybody with even just a passing interest in birds there is no better place than Llangwm to indulge in that interest. Just read what **Graham Stephens** of Llangwm Ferry has to say....*

When we moved back to Llangwm Ferry some thirteen years ago, a visiting friend made the comment, "It's very nice but it's a shame the tide isn't in all the time; all that mud is so unattractive" I resisted the temptation to say what I was thinking and just bit my tongue. She had clearly missed the point. The constant ebb and flow of the tides and the ever-changing light and mood of the river make for endless variations in the scenery. Couple this with the woodland, farmland and gardens that surround and intertwine with the village and we also have a variety of habitats to rival most other places in the U.K. Little wonder then that the bird life we see on a daily basis is so varied. We tend to take it for granted but last November something moved me to actually count the number of bird species I could see in one day without ever leaving the confines of my own garden. The results were amazing; a total of thirty-three species and no cheating!

The following comprises the bird species observed for Sunday, 21st November 2004. I've split them into 'Estuary' and 'Garden / Field' locations:

Estuary Related Species (16)

Canada goose
Mallard
Teal
Shelduck
Cormorant
Swan
Little Grebe (Dabchick)
Grey Heron
Little Egret
Curlew
Redshank
Dunlin
Lapwing
Oystercatcher
Snipe
Black headed gull

Garden/Field Related Species (17)

Great Tit
Blue tit
Robin
Chaffinch
Goldfinch
Wren
Nuthatch
House sparrow
Dunnock (Hedge sparrow)
Wood Pigeon
Collared Dove
Blackbird
Pied Wagtail
Grey Wagtail
Starling
Carrion crow
Raven

There are of course many more species that can be seen both in the garden and on the mudflats. It's just that on that particular day I didn't happen to spot them. Coal Tits and Greenfinches are regular visitors to the bird table but on Sunday 21st November, they'd clearly decided to dine elsewhere or I simply wasn't watching when they turned up. It would be interesting to repeat the survey at different times of the year and also from one year to another. Certainly some species seem to have declined in recent years. Marsh Tits used to be quite common on the bird table but I haven't seen any for some time. Starling numbers are well down on previous years and Bullfinches have just disappeared. Conversely, the pair of Nuthatches that visit the table each day, although not rarities, are newcomers to this particular garden.

Perhaps a co-ordinated species / numbers count might provide interesting results from across the whole village. If anyone is interested in conducting a survey in the Spring - let's say on Sunday, April 3rd, with each person giving a village location and approximate numbers of a particular species seen at any one time, I would be happy to process the results and feed them back in a future newsletter.

Graham Stephens

The RSPB Big Garden Birdwatch was held on the 29th/30th January and once again the more exotic visitors to our garden like the Tree Creeper, Nuthatch and Greater Spotted Woodpecker decided to stay away!

Over the last few months, the pills and shoreline have sustained large numbers of over-wintering waterfowl and waders including Canada Geese, Teal, Mallard, Shelduck (71 on the 18th January), Egrets, Lapwings, Dunlin, Redshank, one or two Greenshanks and occasional Ringed Plover, Great Crested and Little Grebes.

On 15th December, Dr John Taverner from his house overlooking the Pill in Guildford heard a racket caused by numerous gulls and rooks. They were mobbing a male Peregrine which was trying to recover the body of its kill floating in the water. After several attempts, showing itself well, it picked up the body of a Lapwing and flew off towards Llangwm ferry with gulls in hot pursuit.



Spotted Redshank in Guilford Pill (Juan Brown, Skomer Island Warden)

One morning in late January while rowing past Fowborough we were treated to a superb aerial display by thousands of Lapwing (Green Plover) and Golden Plover...both species quite distinctively different in flight, the latter having sharper wings and more rapid wingbeats. Large numbers of Golden Plover seen in flight can create a wonderful sparkling effect as the sun catches their pale undersides.

On opening her curtains one morning in January at Black Tar, Gill Bowen was treated to a view of a Kingfisher standing in all its glory on her garden wall above the shore.

Juan Brown, the warden of Skomer Island Nature Reserve has once again been 'overwintering' in Llangwm and his garden in Guildford was visited on three occasions in December by Blackcaps (warblers which are normally summer visitors). He also recorded a Spotted Redshank in the Pill on 20 December (with beautiful photographs to prove it) and again on 2 January and 18 February...a Mediterranean Gull on 21 January (also in the Pill) and a Barn Owl overflying his house in early February.

Mervyn Jones had a real treat around midday on the 28th January when he spotted a Little Gull (in first winter plumage) off the Cunnigar. One had been reported at an earlier date at Carew so this may have been the same individual.

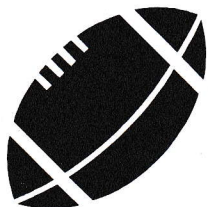
Conspicuously the world's smallest gull, it is seen very infrequently around these parts in the winter and it breeds in northeast Europe and Russia.

Once again Chiffchaffs have been overwintering at the sewage works at Port Lion.

If anyone is prepared to take part in our own Llangwm Garden Birdwatch on 26th March, please write your name, address and list of species and numbers seen on a

sheet of paper and hand it in to Pat Morris in Llangwm shop...to me, Graham Brace at Guildford House, Butterhill or to Graham Stephens at Spring Tide, Llangwm Ferry for processing.

Meanwhile, please contact me if you see anything unusual on 891580 or email me on grahambrace@btinternet.com



rugby

Senior Rugby

As we enter the final quarter of the season it is a pleasure to report that the 1st XV have continued with the fine form shown in the early part of the season and are still in with a chance of clinching a promotion place. Llangwm currently sit in 3rd place, 2 points adrift of New Dock Stars whom we play in the final fixture of the season on the 30th April in what could be the promotion decider.

There are however some difficult fixtures to come before that and it is very important that all the hard work put in so far this season is continued through for the final 2 months.

There have been some fine performances this season and some notable wins where the boys have dug deep to clinch the league points where other years they may have folded and lost games in the final minutes. This is of great testament to all the players under stand-in Captain Jonnie James and the coaching staff of Alan McClelland and Anthony Davies.

The highlight so far to many older supporters was the game played on the 29th January at Pill Parks against old rivals Pembroke who currently top the league. The match was played in great spirit but was a real physical battle with 100% given by all the players before Pembroke ran out as eventual winners 22 points to 7 points. The match was watched by one of the largest crowds at Pill Parks for some time, and brought back memories of the old encounters in the Pembrokeshire Championship. A great advert for Pembrokeshire Rugby !!

The Palmer cup also rested on the match and the trophy was presented to the Pembroke captain by Mrs. Dorothy Palmer during the post match hospitalities, where many old friendships were renewed.

The 2nd team have also continued to play since the last newsletter, the highlight being a fine win at Pembroke Dock with team manager Julian Platten scoring a fine try to clinch the win, with a very strong charge, (the distance depending on which version of the match you hear !!). Daniel Morgan also crossed the line for a try which he deserves for all the training he has put in this season. Well done to all the boys and continue to enjoy the games.

Remaining 1st team Home fixtures..
05.03.05.....St.Cleairs
09.04.05.....Llanybydder
23.04.05.....Aberaeron
all matches k.o. at 2.30pm Pill Parks

Junior Rugby

The junior season is also drawing to a close after a very enjoyable season. There have been approx. 35 matches played across the age groups with some fine performances given by all.

Thanks must go to all who help with the running of the Juniors, from Cooks, Coaches, Referees, Parents and most importantly the players themselves. Junior Rugby is there to be enjoyed by all and I hope that we can look forward to another good year next season when we will hopefully have an additional team or two.

It is hoped to hold another presentation evening at the close of the season so please keep in touch with the club for details.

Social Club

A reminder that Llangwm Rugby & Cricket Club is a private members. If you are interested in becoming a member or need any information on Rugby or Cricket in the village, please contact the club on 01437 890462.

Ron

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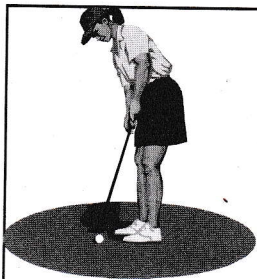
LLANGWM CRICKET CLUB

At the AGM held in the clubhouse on Friday 25th February, the following officers were elected;

President	Randall Lewis
Chairman	Dai Davies
Vice Chairman	Martin Inward
Sec/Treas	Brian James
1st Team Captain	Mark Davies
2nd Team Captain	Sean Thomas
3rd Team Captain	Jeremy Brock

Anyone interested in playing cricket this season should contact the Secretary on 01437 891251.

(Golf Tournament—see page opposite)



LLANGWM CRICKET CLUB'S TEAM GOLF TOURNAMENT

Milford Haven Golf Club, Friday 29 July, 2005

Prizes to the value of £1000

Teams to consist of 4 players (amateurs only) with a maximum playing handicap of 18 for gentlemen and 30 for ladies.

STABLEFORD COMPETITION

Two course meal will be provided for all competitors

You are invited to either enter a Team, or sponsor a Hole or do both!

For more information CONTACT DAVID DAVIES TEL: 01437 890706

LOCAL HISTORY SOCIETY

WE ALL ENJOYED OUR MEAL AT THE COTTAGE INN IN DECEMBER. OUR PROJECT FOR 2005 IS THE PRESENTATION OF A LEAFLET ABOUT LLANGWM FOR THE 'SECRET WATERWAY' SERIES, AND WE HAVE BEEN WORKING ON CONTRIBUTIONS FOR THIS OVER THE LAST FEW MONTHS. AT JANUARY'S BUSINESS MEETING WE DISCUSSED FORMAT AND FUNDING, AND IN FEBRUARY A WORKING DRAFT WAS DISTRIBUTED FOR MEMBERS' CONSIDERATION.

VISITORS AND NEW MEMBERS ARE ALWAYS WELCOME AT OUR MEETINGS.

ON APRIL 13TH, PAUL TRECLYN WILL BE AT THE COMMUNITY HALL AT 7.45 TO SPEAK ON 'USING MAPS IN LOCAL HISTORY'. FOR GERALD WHITE'S 'WILD FLOWER WALK' ON 11TH MAY, WE MEET ON THE VILLAGE GREEN AT 7 O'CLOCK AND FINISH AT THE COTTAGE INN WHEN WE HAVE WORKED UP A THIRST! WATCH OUT FOR NOTICES ABOUT OUR CONTRIBUTION TO THIS YEAR'S VILLAGE FESTIVAL, WHICH WILL BE ON THE AGENDA ON 8TH JUNE

HAVE YOU TRIED TRACING YOUR FAMILY TREE?

The Society is fortunate to have as Secretary Mrs. Margaret Llewellyn, of Swan Corner, Guildford, Llangwm, who is also a Vice-Chairman of the Dyfed Family History Society.

Back in November Margaret gave an interesting talk at the Society's monthly meeting on the subject of researching your family history, including all the perks and pitfalls, lucky breaks and inspired guesses.

The internet has made the job of searching through censuses and baptismal reports so much easier - much can be done from home to begin with.

Next a reader's ticket can be applied for at the National Library of Wales, and more information gleaned from their vast archives - in fact many of the Llangwm history group join the Dyfed Family History Society's annual summer trip to Aberystwyth for this purpose, as well as a pleasant day out.

Searching through churchyards, marriage registers and local newspaper archives can be another source of reference, while it is surprising what information might be retrieved simply from old trunks and boxes in the attics of family houses!

Despite the encouraging, fast-track progress as seen on the BBC series 'Who Do You Think You Are?' Margaret assures us that there's never been an archivist, curator or Registrar standing in wait for *her* as she arrives at an office, to personally help with the research! But she has encountered many helpful and interesting people along the way to tracking down her family roots.

Anyone interested in tracing their family tree is welcome to contact Margaret Llewellyn on 01437 891081. The Dyfed Family History Society meets in Prendergast Church Hall at 7.30pm on the second Monday of the month, but sometimes in summer visits are made to local churches, museums, etc, instead. Visitors are always welcome.

Isn't technology wonderful?

A very big 'thank you' to all our contributors to this Spring edition of the Llangwm News.

As more and more people become 'computer literate' and use email to send us their documents and photographs, so our editing job becomes easier - in theory at least!!

We've had a few hiccups - like a total computer crash losing our first draft of the Newsletter! - but thanks to technology we are now able to produce the "News" more easily and efficiently.

In particular we're able to receive and use a greater number of photographs - digital images or prints to scan. As this livens up the newsletter, and can even be hot off the press like the St Davids Day picture on

'Marathon Man'

On April 17th, Andrew Mathias of 7 Glan Hafan, Llangwm, will be taking part in the London Marathon, to raise money for Spinal Research.

Andrew is already well known in the village for his prowess at making giant scarecrows - so we're sure that many of our readers will be only too willing to support him in his challenge.

When not building scarecrows he is studying at Loughborough University for an Electronics degree, and is at present on a year's work placement as part of his course, with G F Beck Motorsport of Pembroke Dock.

He is out and about training around the village in earnest right now - Port Lion/Black Tar/Troopers Inn depending whether it's distance or hill training (you mean there's a distance round here without a hill?) - and is looking for sponsorship and support.

Andrew's sister Jen will have the necessary forms in Llangwm Shop - or if you want to pledge your support you can call at 7 Glan Hafan, or telephone 01437 890711.

There's also a raffle being held in conjunction with Andrew's run - tickets available from Jen at the Shop. Anyone who wants to know more about the work of the charity Spinal Research can contact Andrew or visit the website on www.spinal-research.org

page 4, we can only ask that you keep them coming (as "jpegs" if you email, or in plain brown wrappers if you don't).

Contact details for the Editorial Team:-

fionacutting@hotmail.com	(Tel 890078)
w.j.james@btinternet.com	(Tel 890841)
m.brace@btinternet.com	(Tel 891580)

Most of all, though, 'thank you' to everyone for being so prompt with all your contributions, whether typed, handwritten, or set in stone. Keep up the good work - the next circular will be the Festival Programme, in the summer, and the next issue of the "Llangwm News" will be early Autumn. Please note (*before* you go on holiday)...

DEADLINE FOR NEXT EDITION = AUGUST 1st.

WANTED: One Webmaster

(www.llangwm-villages.org.uk)

The village website was originally set up by Elaine Winfield, under the auspices of PAVS (Pembrokeshire Association of Voluntary Services).

And it won prizes - "Best in Wales" in the IT (Information Technology) section of the Calor Gas Village of the Year competition 2003 - the framed certificate in the Community Centre says it all!

Elaine has recently moved from the village, with her family, to Devon, which means that we are effectively without a "Webmaster" to keep things up to date.

Many organisations already run their own "page" on the website - it's particularly good for sporting fixtures as young people can "tap in" easily for information.

But we really need a person to look after our website, upload photographs and news items - even the "Llangwm News"! - so we're asking, please, is there anyone out there who can volunteer their skills and services? Please get in touch if you can - our telephone numbers are on the back page.